



SERVICES MENU

ADYA

Where Wellness begins...

Every journey begins with a single moment—a moment of awareness, intention and choices. “ADYA”, meaning the beginning, the primordial source. Inspired by the timeless wisdom of Ayurveda and enriched by contemporary wellness practices, it is a sanctuary where the journey begins within—helping guests pause, reconnect, restore and rediscover themselves. From understanding the individual and awakening the senses, to nurturing the body, calming the mind and renewing the spirit, every experience is thoughtfully curated to promote harmony and lasting wellbeing. It is not simply a place to feel better; it is where the journey to becoming better begins—Where Wellness Begins.

Managed by Spa Hibiscus, it brings together the timeless art of holistic wellness with an elevated sense of indulgence. Rooted in the restorative essence of water and enriched by mindful touch, refined natural ingredients, and time-honored wellness traditions, each ritual is carefully designed to awaken the senses, rejuvenate the body, and restore inner harmony.

Step into a world of serene indulgence, where every ritual unfolds as a celebration of relaxation, renewal, and refined well-being. Allow yourself to retreat from the everyday, reconnect with your inner calm, and embrace a lasting sense of balance and vitality.



HIBISCUS - SPA MASSAGES

BODY MASSAGES

PRICE (INR.)

Adya Touch..... 2950

30 Min.

Hibiscus Touch is a stress relieving massage for the head, neck and shoulders/ full back/ full legs which improves blood circulation and revives your energy.(This is not a full body massage and does not include steam or shower.)

Swedish Massage..... 4500 | 6000

60 | 90 Min.

Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.

Balinese Massage..... 5000 | 6500

60 | 90 Min.

Balinese massage is a full body, medium pressure, holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.

Deep Tissue/ Sports Massage.....5000 | 6500

60 | 90 Min.

Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons, and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.

Adya Signature Massage..... 7950

105 Min. (60 Min. massage, 15 Min each Head & Face Massage, 15 Min Foot Reflexology & 15 Min. steam)

Adya signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.

Couple Royal Relaxation 10500

90 Min. (60 Min. Massage & 30 Min. Steam/Shower/Jacuzzi for two)

Enjoy a massage of your choice from the Spa Menu together in our couple's treatment suite, complemented by a candlelit ambience and soothing background music. Complete your experience with a relaxing dip in the jacuzzi filled with aromatic oils or flower petals.

Couple Retreat 18000

165 Min. (30 Min. Scrub, 45 Min. Massage, 60 Min. Facial & 30 Min. Steam/Shower/Jacuzzi for two)

Set aside a special day to reconnect and celebrate your time together. Enjoy a relaxing body scrub, soothing massage, and rejuvenating facial, followed by the ultimate relaxation experience in a jacuzzi filled with aromatic oils or flower petals.



HIBISCUS - SPA MASSAGES

BODY MASSAGES

PRICE (INR.)

Indian Head Massage..... 2100

30 Min.

This Scalp, neck and shoulder massage brings a unique and traditional Ayurvedic stress reliving practice to modern world. Reliving tension from your head, neck and shoulders, this massage will stimulate blood flow to leave your body totally relaxed.

De-Stress Back..... 3000

30 Min.

This one's to counted balance your stressed back and relieve aches, pain and tension to attain blissful serenity.

Foot Reflexology..... 3500

45 Min.

Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulate the central nervous system and induce a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure; encourages the body to work naturally and restore its own healthy balance.

Traditional Thai Massage..... 6000

60 Min.

A revitalizing ancient healing therapy combining acupressure, Ayurvedic principles, and assisted yoga stretches. Performed without oil, this treatment improves flexibility, relieves muscle tension, and restores natural energy flow

Hot Stone Massage..... 5000 | 6500

60 | 90 Min.

The treatment includes hot basalt stones to generate heat and draw out tightness. The stones are an extension of the therapist's hands as they glide over the body allowing the benefits to be felt at a deeper level.

Four Hand Massage..... 7000 | 9500

60 | 90 Min.

Two therapist will work together in a synchronized massage designed to relieve tension from every aching muscle. Increasing levels of oxygen in your blood, decreasing muscle toxins, improving circulation and toning muscles

Lymphatic Drainage Massage 6500 | 9000

60 | 90 Min.

A gentle, rhythmic therapy that supports lymphatic flow, reduces fluid retention, eases bloating, and promotes circulation. Includes a calming Face Massage with Gua Sha to de-puff, sculpt, and restore natural radiance. Perfect for detox, post-travel recovery, and complete mind-body wellness.

Chakra Balancing Ritual 6500 | 9000

60 | 90 Min.

Inspired by the ancient chakra system, the Adya Chakra Balancing Ritual combines mindful touch, warm therapeutic oils, and flowing massage techniques to harmonize all seven chakras. A calming breathing ritual and personalized consultation prepare you for a deeply relaxing experience, leaving you feeling balanced, centered, and renewed.



AYURVEDIC RITUALS

PRICE (INR.)

Shiro Abhyanga..... 2250
30 Min.

Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.

Udwarthanam4950
60 Min. (45 Min. massage, 15 Min. steam)

Udwarthanam is a combination of an exfoliation, massage therapy and is administered using a specially-prepared dry powder to improve blood circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.

Abhyangam 4950 | 5750
45 | 60 Min.

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Kizhi / Potli (Hot Herbal Compress) 5000
75 Min. (60 Min. massage, 15 Min. steam)

This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing Ayurvedic Herbs is dipped in medicated oils and softly pressed onto the affected areas. This therapy is effective for back pain, soreness and other soft inflammation especially joint pain.

Ayurvedic Packages

Ayurvedic Package..... 8500
105 Min. (90 Min. massage, 15 Min. steam)

Abhyangam + Udwarthanam +steam
A complete retreat to rejuvenate your body mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam.

Ayurvedic Bliss.....9000
90 Min. (45 Min. Abhyangam massage + 30 Min Kizhi / Potli + 15 Min. Steam)

A complete ritual to rejuvenate the body. The ritual starts with Kizhi / Potli and is followed by a relaxing Abhyangam.



HIBISCUS - SPA RITUALS

BODY SCRUBS AND WRAPS

PRICE (INR.)

All our Scrubs and wraps are free of harsh chemicals like paraben, bleach and free from plastic beads.

Orange Scrub.....3750
30 Min.

Completely natural body scrub that uses orange powder, sandal wood and other herbs that gently exfoliate and nourish the skin leaving it fresh, smooth, moisturized and soft. It is particularly beneficial for oily skin.

Orange Wrap..... 3750
30 Min.

A natural body pack that uses orange peel powder and other herbs which help in toxin removal. This wrap nourishes and tightens the skin and is specially beneficial for oily skin.

Neem Healing..... 3750
45 Min.

Help your skin heal with the benefits of time tested Neem. A hydrating wrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensitive or allergy prone skin.

Coffee Scrub.....3950
30 Min.

This natural body scrub helps promote healthy skin with radiant complexion. This scrub enriched with Brown Rice and Coffee gently removes dead skin cells to make smooth, soft and supple.

Brightening Body Polishing..... 9350
105 Min.

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes full body exfoliation followed by a gentle massage, and finally a nourishing body wrap.



FACIALS

For Normal / Dull / Dehydrated skin

PRICE (INR.)

Deep Cleansing.....4000
40 Min.

Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities. The process include cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.

For Pigmented/Tanned skin

Radiance Facial..... 5150
60 Min.

Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun damaged and pigmented skin.

For Matured skin / Fine lines

Lifting Treatment.....5150
60 Min.

This specialized treatment uses lifting serums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the additional effect of skin lightening.

For Sensitive or Acne prone Skin

Trouble Care Facial.....5150
60 Min.

Trouble Care Facial improves complexion, reduces inflammation and boosts the skin's immunity and helps prevent future irritation. It keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances sensitive skin and makes it healthier.



SALON RITUALS

HAIR

	Ladies	Gentlemen
Hair Wash / Conditioning	800	450
Straight Dry	700	300
Blow Dry	1250	425
Blow Dry with setting	1475	-
Hair Cut	1275	650
Hair Cut with Wash & Conditioning	1900	900
Shave	-	425
Baby Cut (Below 7 years)	950	-
Hair Dressing/Styling	1500	425
Hair Ironing/ Tongs	1650	-

HEAD MASSAGES

Coconut Oil	1275	1265
Olive Oil	1500	1500
Shiro Abhyangam	2150	2000

HAIR COLORING/TEXTURING

Root Touch Up (Majirel)	2750	2500
Root Touch Up (INOA)/RUSK	3350	2750

Global Hair Coloring (Majirel)

Short	3500
Medium	5500
Long	7500

Global Hair Coloring (INOA)

Short	4000
Medium	6500
Long	8500

Rebonding /Smoothering

Short	4500
Medium	5500
Long	7500

Highlights/lowlights Foil

Short	4500
Medium	5500
Long	7500
Crowne Area Highlight	1000

Keratin Treatment

Short	6000
Medium	8500
Long	12000

HAIR SPA

L'Oreal Hair Spa .

45 Min.

A simple deep conditioning procedure done to smoothen dry hair & add lustre.

Hair Spa Treatments

60 Min.

A special ampoule/serum is used to treat a specific scalp or hair problem like, dandruff, hair fall or dry damaged hair.

Ladies	Gentlemen
2750	2250

3550+	2500+
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PEDICURE/MANICURE

Cut and File hands / feet	415
Cut, File and Polish hands/ feet	650
Change of Polish hands / feet	425
Regular Manicure	1575
Regular Pedicure	2000
Hand Spa	2250
Foot Spa	2500

BLEACHING

	Ladies	Gentlemen
D-Tan	1900	1525
Bleach Face and Neck	850	900
Face, Neck and Blouse line	950	-
Upper lip	300	-
Sides	425	-
Underarms	365	-
Half arms	720	900
Full arms / Half Legs	1050	1225
Full legs	1265	1700
Feet	500	650
Full Back/ Front	1050	1450
Body	3350	4500

(+ Onwards)

Cost will vary with hair length and thickness. Please consult reception before the service to know your exact cost.



SALON RITUALS AND MEMBERSHIPS

SKIN CARE

THREADING

	Ladies	Gentlemen
Eye brows / Sides	250	300
Upper lip /Forehead/Chin/Cheek	200	250
Full Face	700	550

WAXING

Upper Lip	425	-
Half Arms	400	800
Full Arms	800	1200
Under Arms	350	350
Half Legs	400	800
Full Legs	800	1200
Full Body	4000	

WAXING (OIL BASED WAX)

Upper lip / Chin	300	-
Sides	300	-
Face	1075	1450
Underarms	500	650
Half arms	725	900
Full arms / Half Legs	1275	1500
Full legs	1875	2500
Back / Front (till blouse line)	1265	1500
Abdomen	1265	1500
Brazilian	2700	-
Full Waxing (Arms, legs & Underarms)	3075	3900
Body Waxing	5000	4675
(does not include Brazilian & Face waxing)		

GROOMS SERVICES

PRICE (INR.)

Grooms Package.....16,500

Includes one sitting of the following - D tan bleach face and neck, Whitening Facial, Foot Spa, Hand Spa, Adya Body Exfoliation, Hair Cut and Styling and consultation on hair and skin.

Grooms MakeUp..... 4,500

Includes Base Makeup & Hair Styling.

BRIDAL SERVICES

PRICE (INR.)

Pre Bridal Package..... 21,500

Includes - Threading (Eyebrows, Upperlip), Waxing (Full Body chocolate), Bleach (Face, Neck & Blouse Line), Hand Spa ,Foot Spa, L'Oreal hair spa, Whitening Facial, Adya Body Exfoliation, expert hair and bridal make up

MAKE UP

Bridal Make Up.....30,000

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

Engagement/Reception Make Up.....20,000

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping & Change of polish

Haldi / Cocktail Makeup.....12,500

Includes complete Make-Up with Hair-Do, Saree/Dress Draping & Change of polish

Light Party Make Up..... 5,500

Includes light Make-Up with Hair-Do.

Eye Make Up / Base.....2,500

Saree/Dress Draping.....1,000

MEMBERSHIPS

Adya Roselle Membership..... 25,000

Rs. 30000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people.

**Validity - Six months.

Adya Membership.....60,000

Rs. 80000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people.

** Validity-One year.

Adya Family Membership.....1,20,000

Rs. 1,70,000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 1,00,000/- worth of Spa Services). Can be availed by a maximum of four people.

** Validity-One year.



Hibiscus Wellness Global

“Think Wellness, Think Hibiscus”

Founded in 2008, Hibiscus Wellness Global embarked on its journey as a premium spa and wellness brand, setting new benchmarks for luxury and excellence in the Indian wellness industry. Over the years, Hibiscus has evolved into a trusted name synonymous with integrity, innovation, and sustainable wellness practices. Our commitment to delivering exceptional wellness experiences has been recognized through numerous awards and accolades, reaffirming our position as a leading wellness management company.

At Hibiscus Wellness Global, we believe that wellness is not merely a service but a way of life. Through a strong culture of innovation and a holistic approach to well-being, we offer a comprehensive range of wellness solutions designed to nurture the mind, body, and spirit.

Today, Hibiscus Wellness operates across 18 locations throughout India in diverse formats, including luxury hotel spas, destination wedding resorts, corporate hotels, day spas, premium residential communities, and cruise ships. Our vision is to create and inspire a world of wellness where individuals can lead healthier, more meaningful lives through balanced and sustainable lifestyle choices.

Our Philosophy

Your well-being is at the heart of every decision we make. Every therapy, treatment, and product offered at Hibiscus is carefully curated to meet the highest standards of quality, safety, and effectiveness. Whether we work with internationally acclaimed wellness brands, traditional Ayurvedic therapies, or our own handcrafted natural formulations, our commitment remains unchanged—to provide authentic wellness experiences that deliver lasting results.

We take pride in empowering our guests with the freedom of choice. Whether you seek the immediate benefits of globally recognized wellness products or prefer the long-term advantages of natural and holistic therapies, Hibiscus supports your wellness journey every step of the way.

Natural Wellness Solutions

We believe that the human body possesses an extraordinary ability to heal itself when supported by nature. While natural therapies may not offer instant solutions, they provide sustainable and long-lasting benefits.

Our range of natural wellness treatments and products is developed around this philosophy. Every formulation undergoes rigorous evaluation for both its short-term effectiveness and long-term impact before becoming part of our wellness portfolio. We encourage our guests to embrace the healing power of nature and experience wellness in its purest form.

Hibiscus Wellness Global

Services Using Market-Leading Products

To complement our natural wellness offerings, Hibiscus Wellness has carefully selected a portfolio of internationally recognized and market-leading wellness brands. Our selection process is highly rigorous, ensuring that only products that align with our quality standards and wellness philosophy become part of the Hibiscus experience.

Rather than overwhelming guests with countless options, we focus on offering a curated selection of the very best products available. This approach enables our therapists to deliver consistent, effective treatments while ensuring that each product's unique philosophy and benefits are preserved.

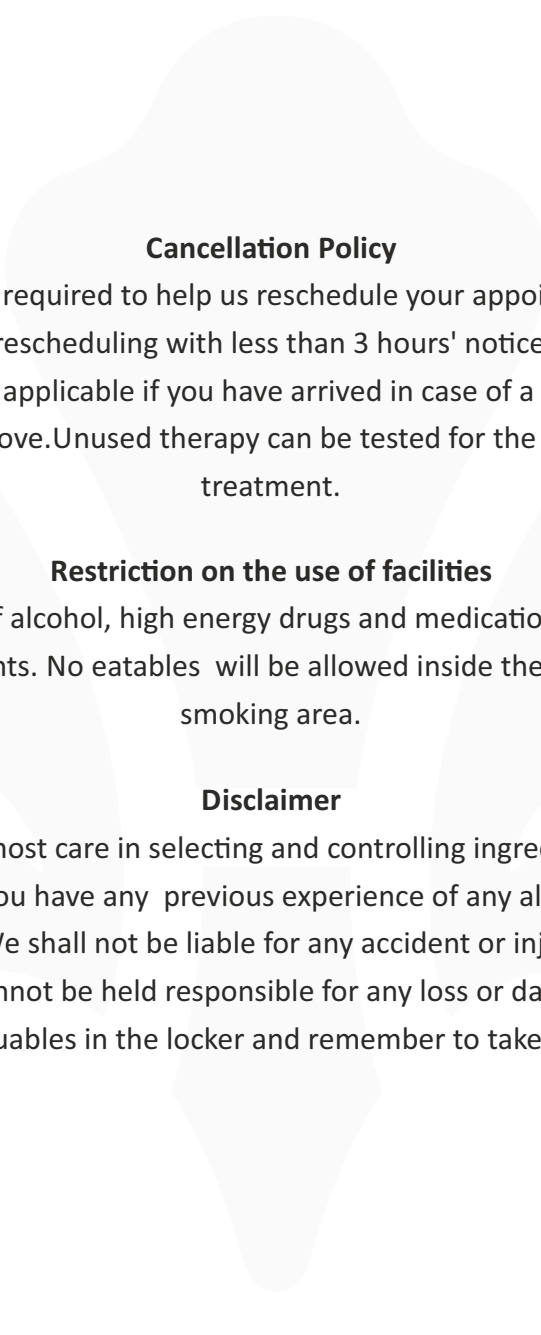
When we say, we bring you the best, we truly mean it.

Our Commitment

At Hibiscus Wellness Global, wellness is more than a treatment—it is a lifelong journey. Through innovation, authenticity, and a passion for excellence, we continue to redefine wellness experiences across India and beyond.

We warmly welcome you to the world of true wellness.

Welcome to the World of Hibiscus Wellness Global.



Cancellation Policy

3 hours cancellation notice is required to help us reschedule your appointment subject to availability at the spa. Any cancellation/rescheduling with less than 3 hours' notice will incur a 50% cancellation fee. This same charge will be applicable if you have arrived in case of a "No Show" without any prior cancellation as specified above. Unused therapy can be tested for the cancellation of a 30-minute treatment.

Restriction on the use of facilities

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

Twin District center, Sector-10, Rohini, New Delhi -110085

Phone : 1800 843 8430 / 01144884455 / Spa Extn : 4177

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