



SPA HIBISCUS

Making a beautiful difference

SERVICES MENU



“Spa Hibiscus - Making a beautiful difference”

The Spa Hibiscus began its journey as a spa and wellness brand in 2008 as a flag bearer for affordable luxury in the Indian Spa and Salon industry. Within a decade, Hibiscus has become synonymous with integrity and innovative wellness approach in an ever-changing scenario. With several awards and accolades that affirm our commitment to the cause, we have grown and evolved overtime.

Here we bring our sense of innovation and the concept of sustainable wellness, to provide a wide range of wellness services. Today, Hibiscus is a brand spanning across several locations in diverse formats like day spas, corporate hotels, wedding destination resorts, luxury residences and cruise ships in India. It is our vision to create and help create a world of wellness, where each of us can live better and meaningful lives with reasonable and sustainable lifestyle changes.

Your well-being is at the heart of every thought and action that has gone into creating therapies and services at Hibiscus. Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or they are Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you, the power of choice- to choose as you deem necessary-whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

Services using completely natural products

We believe every human body has the power to heal itself naturally. Nature might not provide instant quick fix solutions but its results are long lasting. We always test products for their short-term and long-term effects before we bring it to you. Our natural range is in line with this principle. You can choose to go natural when you are at The Spa. The only thing you need is patience! We encourage you to live our belief and allow nature to work its magic on you.

Services using market leading products We have carefully chosen and selected only the best market leading products. We have been very selective while choosing these brands, as we want to provide you the best. We have stayed away from giving you too many brands to choose from; we have done that homework on your part.

More products create more confusion and are difficult to manage operational by therapists. Since each product has a unique philosophy, mixing and matching doesn't work. Consequently, when we say that we bring you the best market leading products, we mean it!

We welcome ‘You’ to the World of true Wellness - Welcome to Hibiscus.
All Prices are in Indian Rupees and are EXCLUSIVE of all applicable government taxes.



HIBISCUS - SPA MASSAGES

BODY MASSAGES

PRICE (INR.)

Hibiscus Touch..... 2950
30 Min.

Hibiscus Touch is a stress relieving massage for the head, neck and shoulders/ full back/ full legs which improves blood circulation and revives your energy.(This in not a full body massage and does not include steam or shower.)

Swedish Massage..... 4000 | 4500 | 6350
45 | 60 | 90 Min.

Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.

Balinese Massage..... 4500 | 6500
60 | 90 Min.

Balinese massage is a full body, medium pressure, holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.

Deep Tissue/ Sports Massage.....5000 | 6850
60 | 90 Min.

Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons, and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.

Hibiscus Signature Massage..... 7750
1 Hr. 45 Min. (45 Min. massage, 15 Min each Head & Face Massage, 15 Min Foot Reflexology & 15 Min. steam)

Hibiscus signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.

Couple Retreat.....9650
1 Hr.30 Min. (30 Min. Scrub, 45 Min. Massage & 15 Min. Steam and Shower for two people)

A relaxing ritual for the precious moments of togetherness where a couple can relax with the healing touch of a Swedish massage and an invigorating scrub. A tender and relaxing treatment which detoxifies and nourishes the skin. You can ask for a Jacuzzi post the treatment to complete the experience !

(Jacuzzi will be charged extra.)

Couple Royal Relaxation.....8000
1 Hr. 15 Min. (60 Min. Massage & 15 Min. Steam/Shower for two people)

Couple Royal Relaxation can be the perfect way to celebrate a special occasion and relish moments of togetherness. It includes a couple Balinese massage for two people, followed by ten minutes of dry head massage that make for a truly relaxing time together.



AYURVEDIC RITUALS

PRICE (INR.)

Shiro Abhyanga..... 2250

30 Min.

Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.

Abhyangam 4950 | 5750

45 | 60 Min.

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Udwarthanam4950

1 Hr. (45 Min. massage, 15 Min. steam)

Udwarthanam is a combination of an exfoliation, massage therapy and is administered using a specially-prepared dry powder to improve blood circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.

Shirodhara5000

1 Hr.

This Ayurvedic treatment involves gentle pouring of herbal liquids onto the forehead from a hanging pot. This process is said to cure many diseases, relieves tension and improves general well-being.

Kizhi / Potli (Hot Herbal Compress)5000

1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing Ayurvedic Herbs is dipped in medicated oils and softly pressed onto the affected areas. This therapy is effective for back pain, soreness and other soft inflammation especially joint pain.

Ayurvedic Packages

Ayurvedic Package..... 8500

1 Hr. 45 Min. (1Hr. 30 Min. massage, 15 Min. steam)

Abhyangam + Udwarthanam +steam

A complete retreat to rejuvenate your body mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam.

Ayurvedic Bliss.....9000

1 Hr. 30 Min. (45 Min. Abhyangam massage + 30 Min Shirodhara + 15 Min. Steam)

A complete ritual to rejuvenate the body. The ritual starts with Shirodhara and is followed by a relaxing Abhyangam.

Weight loss and detoxification packages, customised as per individuals needs, according to the PRAKRATI and physical, medical conditions are available. Please consult the reception for details.



HIBISCUS - SPA RITUALS

BODY SCRUBS AND WRAPS

PRICE (INR.)

All our Scrubs and wraps are free of harsh chemicals like paraben, bleach and free from plastic beads.

Orange Scrub.....2500

30 Min.

Completely natural body scrub that uses orange powder, sandal wood and other herbs that gently exfoliate and nourish the skin leaving it fresh, smooth, moisturized and soft. It is particularly beneficial for oily skin.

Coffee Scrub.....3000

30 Min.

This natural body scrub helps promote healthy skin with radiant complexion. This scrub enriched with Brown Rice and Coffee gently removes dead skin cells to make smooth, soft and supple.

Orange Wrap..... 2500

30 Min.

A natural body pack that uses orange peel powder and other herbs which help in toxin removal. This wrap nourishes and tightens the skin and is specially beneficial for oily skin.

Neem Healing..... 2500

30 Min.

Help your skin heal with the benefits of time tested Neem. A hydrating wrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensitive or allergy prone skin.

Brightening Body Polishing..... 5950

1 Hr. 45 Min.

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes full body exfoliation followed by a gentle massage, and finally a nourishing body wrap.

Aroma Steam Bath..... 1650

20 Min.

20 minutes of an aromatic steam using eucalyptus oil. This is beneficial for coughs and colds and detoxifies the body and increases immunity.

Jacuzzi..... 2000

20 Min.



NATURAL RITUALS

NATURAL HAIR SPA

PRICE (INR.)

Kesh Abha..... 2550
55 Min.

This natural hair treatment starts with a scalp massage using hair strengthening oil to stimulate your roots followed by a hair mask rich with herbs, thereby nourishing your scalp and hair. From roots to tips, your hair will thank you for this treat from nature.

NATURAL HAIR COLOUR

Ayurvedic Hair Colour..... 3850
1 Hr.

This colour uses Indigo (Neel) and beetroot pigments and combines them with Henna to give a hair colour of your choice. Like all things natural, there is no guarantee that you will get 100% grey coverage. However, if you are tired of using chemicals and have the patience to give natural products a chance, this is your best bet.

HANDS & FEET

Hastaveksha (Natural Hand Spa)..... 2500
45 Min.

Neem Hastaveksha is a natural hand spa from Ayana Ayurveda. This Ayurvedic remedy uses salt scrub to gently exfoliate and also helps in removal of toxins. The neem oil nourishes the hands and also acts as a good anti fungal agent.

Padaveksha (Natural Foot Spa)..... 2750
1 Hr.

Neem Padaveksha is a unique, completely natural Ayana Ayurvedic treatment for feet. It not only deep cleanses, but also cures and helps fight fungal infections and allergies. It removes dead skin and increases blood circulation. This therapeutic procedure is free from chemicals and a soothing treat for your feet.

Foot Reflexology..... 2550
30 Min.

Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulate the central nervous system and induce a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure; encourages the body to work naturally and restore its own healthy balance.

Add on with foot & hand spa

Potli (Hot Herbal Compress)..... 1250
Heel & Peel Treatment..... 2250



FACIALS

For Normal / Dull / Dehydrated skin

PRICE (INR.)

Deep Cleansing.....4000
40 Min.

Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities. The process include cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.

Kumkumadi Facial..... 5000
1 Hr.

Gift yourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.

Mukh Lavanya Facial..... 5000
1 Hr.

This facial is for sensitive and acne prone skin. It is based on the ancient Indian philosophy of using medicated Ayurvedic oils for healing and balancing the skin, and it makes for a magical and nourishing experience.

For Pigmented/Tanned skin

Whitening Facial.....5150
1 Hr.

Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun damaged and pigmented skin.

For Matured skin / Fine lines

Lifting Treatment.....5150
1 Hr.

This specialized treatment uses lifting serums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the additional effect of skin lightening.

For Sensitive or Acne prone Skin

Trouble Care Facial.....5150
1 Hr.

Trouble Care Facial improves complexion, reduces inflammation and boosts the skin's immunity and helps prevent future irritation. It keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances sensitive skin and makes it healthier.



SALON RITUALS

	PRICE (INR.)	
	Ladies	Gentlemen
Hair Wash / Conditioning	800	450
Straight Dry	700	300
Blow Dry	1250	425
Blow Dry with setting	1475	-
Hair Cut	1275	650
Hair Cut with Wash & Conditioning	1900	900
Henna	2750	1900
Shave	-	425
Baby Cut (Below 7 years)	950	-
Hair Dressing/Styling	2150	425
Hair Ironing/ Tongas	2150	-

HEAD MASSAGES

Coconut Oil	1275	1265
Olive Oil	1500	1500
Shiro Abhyangam	2150	2000

HAIR COLORING/TEXTURING

Natural Henna based hair colour	3750	2750
Root Touch Up (Majirel)	2750	2500
Root Touch Up (INOA)/RUSK	3350	2750
Global Hair Coloring (Majirel)	7500+	-
Global Hair Coloring (INOA)	10500+	-
Streaking (Majirel)	1650+	-
Rebonding	9500+	-
Smoothening	8500+	-
Keratin Treatment	9500+	-

HAIR SPA

	Ladies	Gentlemen
Kesh Abha. 55 Min.	3000	2500
L'Oreal Hair Spa . 45 Min. A simple deep conditioning procedure done to smoothen dry hair & add lustre.	2750	2250
Hair Spa Treatments 60 Min. A special ampoule/serum is used to treat a specific scalp or hair problem like, dandruff, hair fall or dry damaged hair.	3550+	2500+

PEDICURE/MANICURE

Cut and File hands / feet	415
Cut, File and Polish hands/ feet	650
Change of Polish hands / feet	425
Regular Manicure	1575
Regular Pedicure	2000
Hand Spa	2000
Foot Spa	2500
Foot Reflexology	2575

BLEACHING

	Ladies	Gentlemen
D-Tan	1900	1525
Bleach Face and Neck	750	900
Face, Neck and Blouse line	950	-
Upper lip	300	-
Sides	425	-
Underarms	365	-
Half arms	720	900
Full arms / Half Legs	1050	1225
Full legs	1265	1700
Feet	500	650
Full Back/ Front	1050	1450
Body	3350	4500

(+ Onwards)

Cost will vary with hair length and thickness. Please consult reception before the service to know your exact cost.



SALON RITUALS AND MEMBERSHIPS

SKIN CARE

THREADING

	Ladies	Gentlemen
Eyebrows / Sides	250	300
Upper lip /Forehead/Chin/Cheek	200	250
Full Face	650	-

WAXING

	Ladies	Gentlemen
Upper lip / Chin	425	-
Sides	425	-
Face	900	950
Underarms	425	550
Half arms	650	850
Full arms / Half Legs	1050	1225
Full legs	1375	1595
Back / Front (till blouse line)	1150	1225
Abdomen	1150	1225
Brazilian	2000	-
Full Waxing (Arms, legs & Underarms)	2000	2250
Body Waxing	3500	4150

(does not include Brazilian & Face waxing)

WAXING (CHOCOLATE/ OIL BASED WAX)

	Ladies	Gentlemen
Upper lip / Chin	300	-
Sides	300	-
Face	1075	1450
Underarms	500	650
Half arms	725	900
Full arms / Half Legs	1275	1500
Full legs	1875	2500
Back / Front (till blouse line)	1265	1500
Abdomen	1265	1500
Brazilian	2700	-
Full Waxing (Arms, legs & Underarms)	3075	3900
Body Waxing	5000	4675

(does not include Brazilian & Face waxing)

GROOMS SERVICES

PRICE (INR.)

Grooms Package.....15,000

Includes one sitting of the following - D tan bleach face and neck, Whitening Facial, Foot Spa, Hand Spa, Hibiscus Body Exfoliation, Hair Cut and Styling and consultation on hair and skin.

Grooms MakeUp..... 4,500

BRIDAL SERVICES

PRICE (INR.)

Pre Bridal Package..... 18,500

Includes - Threading (Eyebrows, Upperlip), Waxing (Full Body chocolate), Bleach (Face, Neck & Blouse Line), Hand Spa ,Foot Spa, L'Oreal hair spa, Whitening Facial, Hibiscus Body Exfoliation, expert hair and bridal make up

MAKE UP

Bridal Make Up.....30,000

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

Engagement/Reception Make Up.....20,000

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping & Change of polish

Haldi / Cocktail Makeup.....10,000

Includes complete Make-Up with Hair-Do, Saree/Dress Draping & Change of polish

Light Party Make Up..... 6,750

Includes light Make-Up with Hair-Do.

Eye Make Up / Base.....3,000

Saree/Dress Draping.....1,375

MEMBERSHIPS

Roselle Membership..... 25,000

Rs. 30000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people.

**Validity - Six months.

Hibiscus Membership.....60,000

Rs. 80000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people.

** Validity-One year.

Hibiscus Family Membership.....1,20,000

Rs. 1,70,000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 1,00,000/- worth of Spa Services). Can be availed by a maximum of four people.

** Validity-One year.



Cancellation Policy

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

Restriction on the use of facilities

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

13B, District Centre, Mayur Vihar, New Delhi, Delhi - 110091

Phone : 1800 843 8430 / +91 7838 544 544

+91 11 4704 4780 / Spa Extn : 4177

CROWNE PLAZA®

— BY IHG —

New Delhi Mayur Vihar Noida



SPA HIBISCUS

Making a beautiful difference

Canada | Zambia | Oman | Luxury Cruise Ships | Delhi- Mayur Vihar | Shahdara | Vasant Vihar | Gurugram | Agra | Hisar |
Zirakpur | Chandigarh | Una | Mussoorie | Udaipur | Jaipur | Jaisalmer | Dwarka | Mumbai | Pune | Goa | Hyderabad | Bengaluru

 [@hibiscuswellnessindia](https://www.facebook.com/hibiscuswellnessindia)

 [@hibiscus_wellness](https://www.instagram.com/hibiscus_wellness)

 [@hibiscus_india](https://www.twitter.com/hibiscus_india)

 www.spahibiscusindia.com