

Spa Menu

Araya, the splendidly serene spa, blends ancient Indian wisdom with a contemporary approach. It promises to pamper you with authentic Indian and relaxing international therapies. The dedicated therapists offer treatments that integrate an experience, which leaves your body, mind, and soul rejuvenated at a deeper level.

Signature Packages

Couple's Retreat

Indulge in togetherness: Unwind with a 60mins Swedish or Deep Tissue massage followed by a 30mins rejuvenating scrub, and a 30mins body wrap, an amazingly tender, detoxifying and nourishing experience for you both, followed by a 15mins soothing warm Jacuzzi bath.

135 minutes

INR 10,500

Spa Sojourn

An enchanting retreat for couples that goes 'beyond the unusual'. Experience a soothing 60mins Balinese massage for couples, enhanced by a blissful fifteen-minute dry head massage.

75 minutes

INR 7,500

Signature Packages

Spiritual Sojourn

A holistic ritual curated to invigorate the body and spirit. Commencing with an opulent 60mins Ancient Indian massage, transitions into deep relaxation with a soothing 30mins hot herbal Potli compress massage, ensuring an experience of pure rejuvenation.

90 minutes

INR 5,500

Royal Indian Retreat

Experience a holistic retreat to revitalize your body, mind and soul. This comprehensive package offers 45 minutes of Udwarthanam therapy, seamlessly followed by the serenity of an Ancient Indian massage, creating a harmonious journey of rejuvenation.

75 minutes

INR 5,200



Government taxes extra as applicable.

We levy a service charge.

Spa Therapy



Deep Tissue Massage

This massage targets deep layers of tissues, ligaments, and tendons to release muscle stiffness and ease chronic tension, restoring optimal muscle function.

60 | 90 minutes INR 4,000 | 5,500

Balinese Massage

The Balinese massage works at a deeper level to soothe damaged tissues and relieve strained muscles and joint pain. The boost to your circulation will reduce stress and rebalance your body. This massage also incorporates acupressure and reflexology techniques along with the use of calming oils.

60 | 90 minutes INR 3,500 | 4,900

Jet Lag Therapy

A soothing medium-pressure massage which targets surface muscles to relieve tension. Through gentle, sweeping motions, this treatment enhances blood oxygen levels, detoxifies muscles and enhances flexibility. It's particularly effective in reducing muscle stress and relieving jet lag, offering a revitalizing escape.

45 | 75 minutes INR 2,500 | 3,700

Swedish Massage

A gentle pressure massages, for ultimate relaxation and calming. It encompasses full body, include legs, back, front and face massages, crafting a holistic journey that unwinds the body, mind and spirit.

45 | 60 minutes INR 3,000 | 4000

Ancient Indian Massage

A nurturing massage that balances the doshas (problem spots) alleviates fatigue, boosts stamina, and promotes restful sleep. This treatment also enriches skin complexion and imparts a radiant, luminous glow.

60 minutes INR 3,700

Kizhi Potli - Hot Herbal Compress

Immerse in the warmth of our hot herbal compress, invigorating the nervous system and offering relief from muscular ailments and insomnia. A remarkable remedy for pain management.

60 minutes INR 4,000

Express Massages

Kesh Abha

This natural hair treatment starts with a scalp massage using a hair-strengthening Ayurveda oil to stimulate the roots followed by hair mask rich with herbs. This treatment nourishes the hair and gives strength.

60 minutes INR 2,500

Soothing Back Massage

Experience the luxury of a quick-fix therapy. Our expert therapist helps to remove the strain from your most stressed body parts i.e. neck and shoulder by working on the pressure points and knots.

30 minutes INR 2,500

Heel Peel Treatment

A foot care treatment to soften and heal dry and cracked feet as well as heels while rejuvenating tired feet.

60 minutes INR 2,500

Muscle Fuel Foot Massage

If you have been dragging your feet around, it is time to jump on the healthy muscles and skin bandwagon. This therapy helps to alleviate muscle tension, increases blood circulation and aids metabolism. This results in happier, pampered feet and a rejuvenated mind.

30 minutes INR 1,790

Foot Reflexology

Pressure point stress relieving massage, creating a state of deep relaxation. This treatment works well on the pressure points in the feet that correspond to the glands and organs of the body. These pressure points are stimulated to achieve balance and harmony in the functioning of the entire system.

45 | 60 minutes INR 2,200 | 3000

India Head Massage

This massage is a traditional form of healing and relaxing widely used in Asia to combat daily stress and balance the chakra. It uses several pressure and marma techniques that tap into your energy path and encourage healing and balance in the whole body.

30 minutes INR 1,500



Government taxes extra as applicable.

We levy a service charge.

Skincare



Whitening Facial

This is perfect for lightening the skin before a special occasion. The extract in this facial has a regenerating effect that improves skin texture, firmness and tone while repairing sun damage.

60 minutes INR 3,500

Skin Solution Facial

The intensive anti-ageing clinical facial safely and rapidly resurfaces the skin, reduces fine lines and wrinkles, smoothens and softens the skin, and encourages cellular renewal.

60 minutes INR 3,500

Men's Executive Facial

This anti-ageing facial renews skin tone and texture while reducing fine lines with an intense deep pore cleaning, wrinkle-reducing mask, ultra-hydrating under-eye therapy, and vitamin-rich skin renewal serum.

60 minutes INR 3,500

Anti-Aging Facial

This specialized treatment uses lifting serums and creams to visibly reduce fine lines while targeting the deeper layers of the skin. It also imparts an additional skin- lightening effect, promoting a more radiant complexion.

60 minutes	INR 4,500
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Kumkumadi Facial

A detoxifying and brightening facial treatment that uses a special scrub and magical Kumkumadi oil. This oil, with 25 Ayurveda herbs, lightens skin tone, minimizes blemishes, and provides deep hydration.

60 minutes INR 3,500

Mukh Lavanya Facial

A curative therapy for sensitive and acne-prone skin. It is based on the ancient Indian philosophy of using medicated Ayurveda oils for healing and balancing the skin, and it makes for a magical and nourishing experience.

60 minutes	INR 3,500
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Government taxes extra as applicable.

We levy a service charge.

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes 30 mins' full body exfoliation followed by a gentle 45mins massage and finally a nourishing 30mins body wrap.

Udhwarthanam

60 minutes INR 3,500

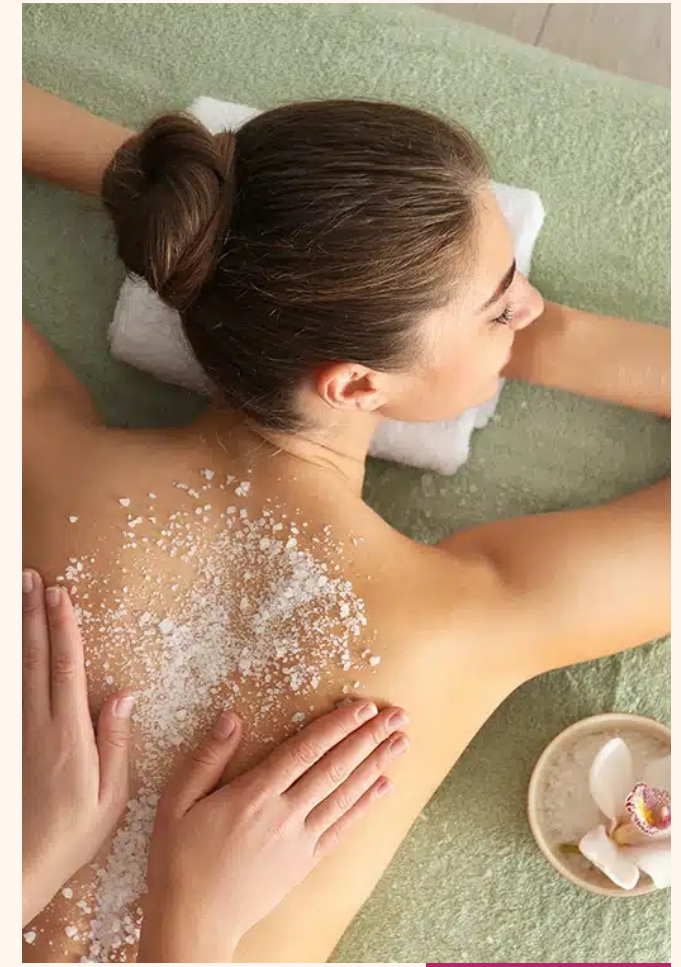
This scrub uses brown unpolished rice powder mixed with natural herbs that gently exfoliate the skin and leaves it soft and radiant. It helps remove sun tan and mild blemishes. Good for all skin types.

This natural body scrub uses orange powder, sandalwood and other herbs that gently exfoliate and nourish the skin, leaving it fresh, smooth, moisturized and soft.

This natural body wrap uses orange peel powder and other herbs that help in toxin removal. This wrap nourishes and tightens the skin and is especially beneficial for oily skin.

Help your skin heal with the benefits of time-tested Neem. A hydrating wrap with the medicinal values of Neem and natural clay formulated to reduce excess oil and counter the effect of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes while leaving the skin clear and silky smooth. It is especially beneficial for sensitive and allergy prone skin.

Scrubs, wraps and polishes



Spa manicure and pedicure



Spa Ayurvedic Pedicure – Padveksha

Padveksha is a unique, completely natural "Ayana" ayurvedic treatment for feet. It deep cleanses, cures and helps fight fungal infections and allergies. It removes dead skin and increases blood circulation. This therapeutic procedure is chemical-free and a soothing treat for your feet.

75 minutes

INR 2,000

Spa Ayurvedic Manicure - Hastaveksha

Neem Hastaveksha is a natural hand spa from Ayana Ayurveda. This Ayurvedic remedy uses salt scrub to gently exfoliate and remove toxins. The neem oil nourishes the hands and also acts as a good fungal agent.

45 minutes

INR 1,700

Salon Menu

The salon offers a bouquet of essential services and indulgent treatments, including luminous bridal rituals. Elevate your beauty and relaxation experience with our expert stylists and therapists.

Haircut

Hair Cut for Women

Hair Wash and Cut	INR 1,200
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Hair Styling for Women

Hair Wash and Tong Setting	INR 2,000
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Hair Wash and Ironing	INR 2,000
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Hair Wash and Blow Dry	INR 1,500
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Blow Dry	INR 1,000
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Hair Color for Women

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Global Color (Shoulder length)	INR 4,000	INR 6,000
Global Color (Mid length)	INR 6,000	INR 7,500
Global Color (Full length)	INR 7,000	INR 9,000
Highlights (Full length)	INR 7,500	INR 9,000
Highlights (crown)	INR 5,000	-
Natural Hair Color (henna-based)	INR 3,500	-
Root Touch-Up (up to 1 inch)	INR 3,900	INR 4,900
Fashion Color (per streak)	INR 750	-

Hair Spa for Women

Long	INR 4,500
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Below Shoulder	INR 3,500
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Shoulder-Length	INR 2,500
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Ayurvedic Hair Spa – Kesh Abha	INR 3,000
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Hair Cut for Men

Hair Cut	INR 550
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Shave	INR 350
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Beard Trim	INR 350
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Hair Color for Men

Hair Color for Men Global	INR 2,500
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Natural Hair Color (Henna Based)	INR 2,000
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Hair Spa for Men

Ayurvedic Hair Spa – Kesh Abha	INR 2,500
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Hair Spa	INR 2,000
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Salon Services



Hand and Foot Care

Natural Manicure	INR 1,700
Natural Pedicure	INR 1,700

Spa Waxing (With Massage)

Full Body	INR 3,900
Bikini	INR 3,000
Full Legs	INR 1,500
Full Arms	INR 1,200
Half Legs	INR 1,200
Back	INR 1,000
Face	INR 1,000
Underarms	INR 550

Threading

Full Face Threading	INR 450
Eyebrows	INR 100
Upper Lip	INR 100
Forehead Chin	INR 100
Sides	INR 100

Bleach

Full Body	INR 4,700
Full Legs	INR 1,000
Stomach	INR 900
Full Arms	INR 900
Half Legs	INR 750
Face & Neck	INR 600
Face	INR 450
Back	INR 550

Government taxes extra as applicable.
We levy a service charge.

Spa etiquette

Spa and salon etiquette

Reservations

- Reservations are strongly recommended
- Please get in touch with the spa operator or Front Desk to schedule an appointment
- Rates are subject to change without any prior notification

Check-in

- Please arrive 15 minutes before appointment to utilise the services effectively
- All appointments begin at the scheduled time
- If you arrive late, the session will be shortened accordingly to allow the therapist to be on time for the next appointment

Policies

- In consideration of other guests, we request to keep your mobile(s) switched off - Consumption of alcohol and smoking are not permitted on the premises

Special Needs

At the time of making the reservation, please let the consultant know if you are pregnant, unwell, have high blood pressure, undergoing a medical treatment, or suffering from any allergies.

Clothing

We provide you with a robe, disposable undergarments and slippers, and you shall be draped in a towel during the service. of alcohol and smoking are not permitted on the premises