

The background features a repeating pattern of light pink and white hibiscus flowers and green leaves. A central green-bordered box contains the main text.

HIBISCUS

SPA AND SALON SERVICES
MENU

HIBISCUS WELLNESS

HIBISCUS - SPA MASSAGES

BODY MASSAGES

Hibiscus Touch1950

30 Min.

Hibiscus Touch is a stress relieving massage for the head, neck and shoulders/ full back/ full legs which improves blood circulation and revives your energy.(This in not a full body massage and does not include steam or shower.)

Swedish Massage 2500

1 Hr. (45 Min. massage, 15 Min. steam)

Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.

Balinese Massage2800

1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

Balinese massage is a full body, medium pressure, holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.

Deep Tissue/ Sports Massage3050

1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons, and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.

Abhyangam3250

1 Hr. (45 Min. massage, 15 Min. steam)

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma , thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Hibiscus Signature Massage3550

1 Hr. 45 Min. (45 Min. massage, 15Min each Head & Face Massage, 15Min Foot Reflexology & 15 Min. steam)

Hibiscus signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.

Couple Retreat6950

1 Hr.30 Min. (30Min. Scrub, 45Min. Massage & 15 Min. Steam and Shower for two people)

A relaxing ritual for the precious moments of togetherness where a couple can relax with the healing touch of a Swedish massage and an invigorating scrub. A tender and relaxing treatment which detoxifies and nourishes the skin. You can ask for a Jacuzzi post the treatment to complete the experience !

(Jacuzzi will be charged extra.)

Couple Royal Relaxation..... 5250

1 Hr. 15 Min. (60 Min. Massage & 15Min. Steam/Shower for two people)

Couple Royal Relaxation can be the perfect way to celebrate a special occasion and relish moments of togetherness. It includes a couple Balinese massage for two people, followed by ten minutes of dry head massage that make for a truly relaxing time together.

“Spa Hibiscus- Making a beautiful difference”

Hibiscus began its journey as a spa and wellness brand in 2008 as a flag bearer for affordable luxury in the Indian Spa and Salon industry. Within a decade, Hibiscus has become synonymous with integrity and innovative wellness approach in an ever-changing scenario. With several awards and accolades that affirm our commitment to the cause, we have grown and evolved over time.

Here we bring our sense of innovation and the concept of sustainable wellness, to provide a wide range of wellness services. Today, Hibiscus is a brand spanning across several locations in diverse formats like day spas, corporate hotels, wedding destinations, resorts, luxury residences and cruise ships in India. It is our vision to create and help create a world of wellness where each of us can live better and meaningful lives with reasonable and sustainable lifestyle changes.

Your well-being is at the heart of every thought and action that has gone into creating therapies and services at Hibiscus. Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or they are Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you, the power of choice- to choose as you deem necessary- whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

Services using completely natural products

We believe every human body has the power to heal itself naturally... Nature might not provide instant quick fix solutions, but its results are long lasting. We always test products for their short-term and long-term effects before we bring it to you. Our natural range is in line with this principle. You can choose to go natural when you are at Spa Hibiscus. The only thing you need is patience! We encourage you to live our belief and allow nature to work its magic on you.

Services using market leading products

We have carefully chosen and selected only the best market leading products. We have been very selective while choosing these brands, as we want to provide you the best. We have stayed away from giving you too many brands to choose from; we have done that homework on your part. More products create more confusion and are difficult to manage operationally by therapists. Since each product has a unique philosophy, mixing and matching doesn't work. Consequently, when we say that we bring you the best market leading products, we mean it!

We welcome 'You' to the World of true wellness - Welcome to Hibiscus.

Cancellation Policy

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

Restriction on the use of facilities

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

All Prices are in Indian rupees.

All Prices are EXCLUSIVE of all applicable government taxes.



HIBISCUS - SPA RITUALS

BODY SCRUBS AND WRAPS

Orange Peel1550
(30 Min.)

Orange peel is a completely natural body scrub that uses orange powder, sandal wood and other herbs that gently exfoliate and nourishes the skin leaving it fresh, smooth, moisturised and soft. It is particularly beneficial for oily skin.

Rice Exfoliation1550
(30 Min.)

This scrub uses brown unpolished rice powder mixed with fresh milk that gently exfoliates the skin and leaves it soft and radiant. It helps remove sun tan and mild blemishes. Good for all skin types.

Hibiscus Indulgence Exfoliation..... 1950
(30 Min.)

Hibiscus scrub with the magical essence of specially selected ingredients will make skin refreshed and radiant. It helps in removal of dead skin cells and hydrate the skin leaving it soft and smooth. Highly recommended for brides to be.

Citrus Wrap.....1550
(30 Min.)

The citrus wrap is a natural body pack that uses orange peel powder and other herbs which help in toxin removal. This wrap nourishes and tightens the skin and is specially beneficial for oily skin.

Neem Healing..... 1550
(30 Min.)

Neem leaves have therapeutic properties and form a major ingredient of this pack. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensitive or allergy prone skin.

Chocolate Ecstasy 1950
(30 Min)

Chocolate body wrap calms and nourishes the skin, leaving it hydrated and smooth. Chocolate acts as a good moisturiser and soften the skin leaving a luminous glow. Excellent for dry skin.

Brightening Body Polishing3750

1 Hr.45 Min.

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes gentle massage, complete exfoliation followed by a nourishing body wrap.

Aromatic Steam Bath550

20 minutes of an aromatic steam using eucalyptus oil. This is beneficial for coughs and colds and detoxifies the body and increases immunity.

Foot Reflexology..... 1550
(45 Min.)

Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulate the central nervous system and induce a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure; encourages the body to work naturally and restore its own healthy balance.



AYURVEDIC RITUALS

AYURVEDIC TREATMENTS

Shiro Abhyangam 1250
(30 Min.)

Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.

Abhyangam3250
1 Hr. (45 Min. massage, 15 Min. steam)

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Udwarthanam3550
1 Hr. (45 Min. massage, 15 Min. steam)

Udwarthanam is a combination of an exfoliation, massage therapy and is administered using a specially-prepared dry powder to improve blood circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.

Shirodhara3950
(60 Min.)

This Ayurvedic treatment involves gentle pouring of herbal liquids onto the forehead from a hanging pot. This process is said to cure many diseases, relieves tension and improves general well-being.

Kizhi / Potli (Hot Herbal Compress)3550
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing Ayurvedic Herbs is dipped in medicated oils and softly pressed onto the affected areas. This therapy is effective for back pain, soreness and other soft inflammations especially joint pain.

Ayurvedic Packages

Ayurvedic Retreat..... 6550
1 Hr. 45 Min. (1Hr. 30 Min. massage, 15 Min. steam)

Abhyangam + Udwarthanam + Steam

A complete retreat to rejuvenate your body mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam

Ayurvedic Bliss.....6550
1 Hr. .30 Min. (45 Min. Abhyangam massage + 30 Min Shirodhara + 15 Min. Steam)

A complete ritual to rejuvenate the body. The ritual starts with Shirodhara and is followed by a relaxing Abhyangam massage.



NATURAL RITUALS

HAMAM AND JACUZZI

Hibiscus Hamam.....3250

Hamam is an ancient ritual which effectively uses the steam to relax, detoxify and exfoliates. here the body is gently scrubbed and the steam acts as a natural exfoliant. the result is soft shiny and supple skin which glows not just externally but feels rejuvenated from within.

Signature Bridal Hamam.....4250

In this ritual we take the traditional hamam to another level .The journey starts with a relaxing massage followed by a nourishing scrub in the hamam. This is a must for the bride to be as the results are every brides dream.

Royal Jacuzzi.....2550

An aromatic jacuzzi experience with your choice of your fragrant oil. Can be taken post a body scrub for best results.

NATURAL FACIALS

Kumkumadi Facial.....2750

Gift yourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.

Panchagavya Facial2950

Panchagavya is widely used in Ayurvedic medicines. It is a blend of five products including milk, curd, and ghee that have unique healing properties and aid in the complete detoxification and rejuvenation of the skin.

HANDS & FEET

Natural Foot Spa..... 1750

(1 Hr.)

Treat your tired feet to our all Natural Foot Spa. Although this ritual has all the ingredients of a pedicure, it combines the natural touch of a spa leaving your feet light, clean & beautiful. It uses a salt soak to detoxify your feet our natural brown rice scrub to gently exfoliate, and finally a massage with Neem oil followed by Neem pack to nourish and pamper your pedestals.

Natural Hand Spa.....1450

(45 Min.)

This Natural Hand spa is an excellent substitute for regular manicure. Let nature work on your hands - detoxify them with a warm salt soak, and then gently exfoliate them with our natural hand scrub. Follow this with our nourishing oil massage and finally a herbal pack to finish in style. You now have soft glowing hands and ready to face the world!

Add on with foot & Hand Spa

Potli (Hot Herbal Compress)400

Heel Peel Treatment.....1250



FACIALS

For Normal / Dull / Dehydrated skin

Deep Cleansing **.2250**
40 Min.

Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities. The process include cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.

NATURAL FACIALS

Kumkumadi Facial..... **2750**
1 Hr.

Gift yourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.

Panchagavya Facial **.2950**

Panchagavya is widely used in Ayurveda Medicines. It is a blend of five products including milk, curd, and ghee that have unique healing properties and aid in the complete detoxification and rejuvenation of the skin.

For Pigmented/Tanned skin

Brightening Facial..... **.3950**
1 Hr.

Brightening facial brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun damaged and pigmented skin.

For Matured skin / Fine lines

Lifting Treatment **3950**
1 Hr.

This specialized treatment uses lifting serums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the additional effect of skin lightening.

For Sensitive or Acne prone Skin

Trouble Care Facial **3950**
1 Hr.

Trouble Care Facial improves complexion, reduces inflammation and boosts the skin's immunity and helps prevent future irritation. It keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances sensitive skin and makes it healthier.



SALON RITUALS

HAIR SERVICES

	Ladies	Gentlemen
Hair Wash / Conditioning	450	350
Straight Dry	450	250
Blow Dry	950	350
Blow Dry with setting	600	-
Wash & Conditioning with Plain Dry	850	550
Wash & Conditioning with Blow Dry	1250	750
Hair Cut	800	450
Hair Cut with Wash & Conditioning	1250	750
Henna	950	450
Shave	-	250
Baby Cut (Below 7 years)	450	
Hair Dressing/Styling	1500+	550+
Hair Ironing/ Tongs	1550+	-

HEAD MASSAGES

Coconut Oil	950	750
Olive Oil	1050	900
Shiro Abhyangam	1250	1250

HAIR COLOURING/TEXTURING

Natural Henna based hair colour	2450	2250
Root Touch Up (Majirel)	2250	2050
Root Touch Up (INOA)/RUSK	2650	2250
Global Hair Coloring (Majirel)	7000+	-
Global Hair Coloring (INOA)	9500+	-
Streaking (Majirel)	1500+	-
Rebonding	9000+	-
Smoothening	7500+	-
Keratin Treatment	9000+	-

HAIR SPA

	Ladies	Gentlemen
Kesh Abha.	1950	1850
55 Min.		
L'Oreal Hair Spa .	2050	1750
45 Min.		
A simple deep conditioning procedure done to smoothen dry hair & add lustre.		

Hair Spa Treatments	3250+	2250+
60 Min.		

A special ampoule/serum is used to treat a specific scalp or hair problem like, dandruff, hair fall or dry damaged hair.

PEDICURE/MANICURE

Cut and File hands / feet	250
Cut, File and Polish hands/ feet	450
Change of Polish hands / feet	250
Regular Pedicure	1500
Ayurvedic Pedicure	1950
Foot Spa	1750
Foot Reflexology	1550
Regular Manicure	950
Hand Spa	1450
Add On:	
Potli / Hot Herbal Compress	400
Heel Peel Treatment	750

BLEACHING

Bleach Face and Neck	700	700
Face, Neck and Blouse line	800	-
Upper lip	250	-
Sides	350	-
Underarms	300	-
Half arms	600	750
Full arms / Half Legs	850	1000
Full legs	1050	1400
Feet	400	550
Full Back/ Front	850	1200
Body	2750	3500

SKIN CARE

	Ladies	Gentlemen
THREADING		
Eyebrows / Sides	150	200
Upper lip /Forehead/Chin/Cheek	100	150
Full Face	450	-

(+ Onwards)

Cost will vary with hair length and thickness. Please consult reception before the service to know your exact cost.



SALON RITUALS AND MEMBERSHIPS

WAXING

Upper lip / Chin	250	-
Sides	250	-
Face	650	650
Underarms	250	350
Half arms	450	600
Full arms / Half Legs	750	900
Full legs	1050	1200
Back/ Front (till blouse line)	800	900
Abdomen	800	900
Brazilian	1550	-
Full Waxing (Arms, legs & Underarms)	1550	1800
Body Waxing	2550	3200

(does not include Brazilian & Face waxing)

WAXING (CHOCOLATE/ OIL BASED WAX)

Upper lip / Chin	250	-
Sides	250	-
Face	900	1200
Underarms	400	550
Half arms	600	750
Full arms / Half Legs	1050	1250
Full legs	1550	2000
Back/ Front (till blouse line)	1050	1250
Abdomen	1050	1250
Brazilian	2050	-
Full Waxing (Arms, legs & Underarms)	2550	3200
Body Waxing	3550	3850

(does not include Brazilian & Face waxing)

Pre Bridal Package.....14500

Includes - Threading (Eyebrows, Upperlip), Waxing (Full Body chocolate), Bleach (Face, Neck & Blouse Line), Hand Spa ,Foot Spa, L'Oreal hair spa, Whitening Facial, Hibiscus Body Exfoliation, expert consultation on hair and bridal makeup trial.

Grooms Package9500

Includes one sitting of the following - D tan bleach face and neck, Whitening Facial, Foot Spa, Hand Spa, Hibiscus Body Exfoliation, Hair Cut and Styling and consultation on hair and skin.

MAKE UP

Bridal Make Up

Senior Artist19500

Junior Artist15500

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

Engagement/Reception Make Up

Senior Artist11000

Junior Artist 9000

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping &Change of polish

Light Party Make Up

Senior artist5500

Junior Artist3500

Includes light Make-Up with Hair-Do.

(ADD ON airbrush make up with any makeup for 3500)

Eye Make Up Light1500

Eye Make Up Heavy2000

Base Make Up2000

Saree Draping1200

Lehanka /Dress Draping1000

Luxury Make over Package.....6250

Choose any four services

(Haircut, Chocolate Full Waxing, Head Massage, Face Bleach, Deluxe Facial (upto Rs. 2500), Hand Spa & Foot Spa, Henna) Complimentary Eyebrows & Upper lip Threading. Validity-One visit.

MEMBERSHIPS

Roselle Membership*31,000

Rs. 40000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people. Validity - Six months.

Hibiscus Membership*51,000

Rs. 75000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people. Validity-One year.

Platinum Membership*111,000

Rs. 200000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of four people. Validity - One year.

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City Park
green
Resort


HIBISCUS
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