



SPA HIBISCUS

Making a beautiful difference

SERVICES MENU



“Spa Hibiscus- Making a beautiful difference”

Hibiscus began its journey as a spa and wellness brand in 2008 as a flag bearer for affordable luxury in the Indian Spa and Salon industry. Within a decade, Hibiscus has become synonymous with integrity and innovative wellness approach in an ever-changing scenario. With several awards and accolades that affirm our commitment to the cause, we have grown and evolved over time.

Here we bring our sense of innovation and the concept of sustainable wellness, to provide a wide range of wellness services. Today, Hibiscus is a brand spanning across several locations in diverse formats like day spas, corporate hotels, wedding destinations, resorts, luxury residences and cruise ships in India. It is our vision to create and help create a world of wellness where each of us can live better and meaningful lives with reasonable and sustainable lifestyle changes.

Your well-being is at the heart of every thought and action that has gone into creating therapies and services at Hibiscus. Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you the power of choice- to choose as you deem necessary- whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

Services using completely natural products

We believe every human body has the power to heal itself naturally. Nature might not provide instant quick fix solutions, but its results are long lasting. We always test products for their short-term and long-term effects before we bring it to you. Our natural range is in line with this principle. You can choose to go natural when you are at Spa Hibiscus. The only thing you need is patience! We encourage you to live our belief and allow nature to work its magic on you.

Services using market leading products

We have carefully chosen and selected only the best market leading products. We have been very selective while choosing these brands, as we want to provide you the best. We have stayed away from giving you too many brands to choose from; we have done that homework on your part.

More products create more confusion and are difficult to manage operationally by therapists. Since each product has a unique philosophy, mixing and matching doesn't work. Consequently, when we say that we bring you the best market leading products, we mean it!

We welcome ‘You’ to the World of true Wellness - Welcome to Hibiscus.



HIBISCUS - SPA MASSAGES

BODY MASSAGES

PRICE (INR)

Hibiscus Touch.....2050
30 Min.

Hibiscus Touch is a stress relieving massage for the head, neck and shoulders or full back or full legs which improves blood circulation and revives your energy.(This in not a full body massage and does not include steam or shower.)

Swedish Massage3050
1 Hr. (45 Min. massage, 15 Min. steam)

Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.

Balinese Massage3250
1 Hr. 15 Min. (1 Hr. Massage, 15 Min. Steam)

Balinese massage is a full body medium pressure holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.

Deep Tissue/ Sports Massage.....3550
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.

Abhyangam.....3550
1 Hr. (45 Min. massage, 15 Min. steam)

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Hibiscus Signature Massage..... 4250
1 Hr. 45 Min. (45 Min. massage, 15 Min each Head & Face Massage, 15 Min Foot Reflexology & 15 Min. steam)

Hibiscus signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.

Couple Retreat.....8750
1 Hr. 30 Min. (30 Min. Scrub, 45 Min. Massage & 15 Min. Steam and Shower for two people)

A relaxing ritual for the precious moments of togetherness where a couple can relax with the healing touch of a Swedish massage and an invigorating scrub. A tender and relaxing treatment which detoxifies and nourishes the skin.

Couple Royal Relaxation.....5950
1 Hr. 15 Min. (60 Min. Massage & 15 Min. Steam/Shower for two people)

Couple Royal Relaxation can be the perfect way to celebrate a special occasion and relish moments of togetherness. It includes a couple Balinese massage for two people, followed by ten minutes of dry head massage that make for a truly relaxing time together.



HIBISCUS - BODY RITUALS

BODY SCRUBS AND WRAPS

PRICE (INR)

All our scrubs and wraps are free of harsh chemicals like paraben, bleach and free from plastic beads.

Rice Exfoliation.....1950

30 Min.

A completely natural treatment by Ayana Ayurveda, this scrub uses brown unpolished rice powder mixed with natural herbs that gently exfoliate the skin and leave it soft and radiant. It helps remove sun tan and mild blemishes. Good for all skin types.

Orange Scrub.....1950

30 Min.

This completely natural body scrub uses orange powder, sandal wood and other herbs that gently exfoliates and nourishes the skin leaving it fresh, smooth, moisturized and soft. It is particularly beneficial for oily skin, and is a refreshing offering from Ayana Ayurveda.

Coffee Scrub.....2350

30 Min.

This natural body scrub helps promote healthy skin with radiant complexion. This scrub enriched with Brown Rice and Coffee gently removes dead skin cells to make smooth, soft and supple.

Orange Wrap.....2050

30 Min.

This natural body wrap from Ayana Ayurveda, uses orange peel powder and other herbs which help in toxin removal. This wrap nourishes and tightens the skin and is specially beneficial for oily skin.

Neem Healing.....2050

30 Min.

Help your skin heal with the benefits of time tested Neem brought to you by Ayana Ayurveda- a hydrating wrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes leaving the skin clear and silky smooth. This is specially beneficial for sensitive and allergy prone skin.

Brightening Body Polishing.....4250

1 Hr. 45 Min.

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes full body exfoliation followed by a gentle massage and finally a nourishing body wrap.

Aroma Steam Bath.....1050

20 Min.

This is an aromatic steam bath using eucalyptus oil. It is beneficial for coughs and colds and detoxifies the body and increases immunity.

Foot Reflexology.....1750

45 Min.

Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulates the central nervous system and induces a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure encourages the body to work naturally and restore its own healthy balance.



NATURAL & AYURVEDIC RITUALS

PRICE (INR)

Shiro Abhyangam..... 1250

30 Min.

Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.

Abhyangam.....3550

1 Hr. (45 Min. massage, 15 Min. steam)

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

Udwarthanam.....3950

1 Hr. (45 Min. massage, 15 Min. steam)

Udwarthanam is a combination of exfoliation & massage therapy and is administered using a specially prepared dry powder to improve blood circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.

Shirodhara..... 4050

60 Min.

This Ayurvedic treatment involves gentle pouring of herbal liquids onto the forehead from a hanging pot. This process is said to cure many diseases, relieves tension and improves general well-being.

Kizhi / Potli (Hot Herbal Compress)..... 3950

1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)

This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing Ayurvedic Herbs is dipped in medicated oils and softly pressed onto the affected areas. This therapy is effective for back pain, soreness and other soft inflammation especially joint pain.

Ayurvedic Packages

Ayurvedic Retreat.....6250

1 Hr. 45 Min. (45 Min. Abhyangam + 45 Min. Udwarthanam, 15 Min. steam)

A complete retreat to rejuvenate your body, mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam.

Ayurvedic Bliss..... 6950

1 Hr. 30 Min. (45 Min. Abhyangam massage + 30 Min Shirodhara + 15 Min. Steam)

A complete ritual to rejuvenate the body. The ritual starts with Shirodhara and is followed by a relaxing Abhyangam.



NATURAL RITUALS

NATURAL HAIR SPA

PRICE (INR)

Kesh Abha.....2250
55 Min.

This completely natural hair spa from Ayana Ayurveda is a hair remedy that starts with a scalp massage using hair strengthening oil to stimulate your roots followed by a hair mask rich with herbs there by nourishing your scalp and hair. From roots to tips, your hair will thank you for this treat from nature.

NATURAL HAIR COLOUR

Ayurvedic Hair Colour2450

This colour uses Indigo (Neel) and beetroot pigments and combines them with Henna to give a hair colour of your choice. Like all things natural, there is no guarantee that you will get 100% grey coverage. However, if you are tired of using chemicals and have the patience to give natural products a chance, this is your best bet.

HANDS & FEET

Padaveksha (Natural Foot Spa) 1750
1 Hr.

Neem Padaveksha is a unique, completely natural Ayana Ayurvedic treatment for feet. It not only deep cleanses, but also cures and helps fight fungal infections and allergies. It removes dead skin and increases blood circulation. This therapeutic procedure is free from chemicals and a soothing treat for your feet.

Hastaveksha (Natural Hand Spa)1550
45 Min.

Neem Hastaveksha is a natural hand spa from Ayana Ayurveda. This Ayurvedic remedy uses salt scrub to gently exfoliate and also helps in removal of toxins. The neem oil nourishes the hands and also acts a good anti fungal agent.

Add on with foot & hand spa

Potli (Hot Herbal Compress).....500



FACIALS

For Normal / Dull / Dehydrated skin

PRICE (INR)

Deep Cleansing.....3250
40 Min.

Deep cleansing is an exfoliating treatment that helps you go free from dead skin cells and impurities. The process includes cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.

Kumkumadi Facial..... 3950
1 Hr.

Kumkumadi oil has been called the miraculous oil in our ancient texts. This facial from Ayana Ayurveda, detoxifies and lightens skin using a specially formulated scrub and Kumkumadi oil to provide complete care. The oil made with twenty five Ayurvedic herbs that improves skin tone, lightens the skin, minimises blemishes and hydrates the skin and hence is a complete care for the face.

Mukh Lavanya Facial..... 3950
1 Hr.

Mukh Lavanya facial is a curative therapy by Ayana Ayurveda for sensitive and acne prone skin. It is based on the ancient Indian philosophy of using medicated Ayurvedic oils for healing and balancing the skin, and it makes for a magical and nourishing experience.

Brightening Facial.....3950
1 Hr.

Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for an uneven tone, sun damaged and pigmented skin.

For Matured skin / Fine lines

Anti Ageing Treatment.....3950
1 Hr.

The Advanced Anti-aging treatment reduces wrinkles and fine lines, firms facial skin and improves its elasticity, giving it a youthful look. It uses an anti-ageing serum, leaving you visibly younger.

For Sensitive or Acne prone Skin

Trouble Care Facial..... 3950
1 Hr.

Trouble Care Facial improves complexion, reduces inflammation and boosts the skin's immunity and helps prevent future irritation. It keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances sensitive skin and makes it healthier.



SALON RITUALS

HAIR SERVICES

	PRICE (INR)	
	Ladies	Gentlemen
Hair Wash & Conditioning	450	350
Wash & Conditioning with Straight Dry	900	-
Wash & Conditioning with Blow Dry	1500	-
Straight Dry	450	-
Blow Dry	950	-
Hair Cut	800	450
Hair Cut with Wash & Conditioning	1450	750
Henna	950	450
Shave	-	350
Baby Cut	550	-
Hair Styling	1500+	500

HEAD MASSAGES

Coconut Oil	950	750
Olive Oil	1050	900
Hibiscus Ayurvedic Oil	1150	1050

HAIR COLORING/TEXTURING

Root Touch Up (Majirel)	2250	1250
Root Touch Up (INOA)	2650	2050
Global Hair Coloring (Majirel)	4500+	2250
Global Hair Coloring (INOA)	6500+	-
Streaking (Majirel)	1200+	-
Rebonding	9000+	-
Smoothing	7500+	-
Keratin Treatment	9000+	-

HAIR SPA

	Ladies	Gentlemen
Kesh Abha. 55 Min.	2250	2250
L'Oreal Hair Spa. 45 Min. A simple deep conditioning procedure done to smoothen dry hair & add lustre	2050	1750
Hair Spa Treatments 60 Min. A special ampoule/serum is used to treat a specific scalp or hair problem like, dandruff, hair fall or dry damaged hair.	3000+	3000+

PEDICURE/MANICURE

	PRICE (INR)
Cut and File hands / feet	250
Cut, File and Polish hands or feet	450
Change of Polish hands or feet	250
Foot Spa	1750
Foot Reflexology	1750
Hand Spa	1550

Add On:

Potli / Hot Herbal Compress	500
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Ladies Gentlemen

BLEACHING

Bleach Face and Neck	700	700
Face, Neck and Blouse line	800	-
Upper lip	250	-
Sides	350	-
Underarms	300	-
Half arms	600	750
Full arms / Half Legs	850	1000
Full legs	1050	1400
Feet	400	550
Full Back/ Front	850	1200
Body	2750	3500

(+ Onwards)

Cost will vary with hair length and thickness. Please consult reception before the service to know the exact cost.



SALON RITUALS AND MEMBERSHIPS

SKIN CARE

THREADING

	Ladies	Gentlemen
Eyebrows / Sides	150	200
Upper lip / Forehead / Chin / Cheek	100	150
Full Face	450	-

WAXING

	Ladies	Gentlemen
Upper lip / Chin	250	-
Sides	250	-
Face	650	650
Underarms	250	350
Half arms	450	600
Full arms / Half Legs	750	900
Full legs	1050	1200
Back / Front (till blouse line)	800	900
Abdomen	800	900
Brazilian	1550	-
Full Waxing (Arms, legs & Underarms)	1550	1800
Body Waxing	2550	3200

(does not include Brazilian & Face waxing)

WAXING (CHOCOLATE/ OIL BASED WAX)

	Ladies	Gentlemen
Upper lip / Chin	250	-
Sides	250	-
Face	900	1200
Underarms	400	550
Half arms	600	750
Full arms / Half Legs	1050	1250
Full legs	1550	2000
Back / Front (till blouse line)	1050	1250
Abdomen	1050	1250
Brazilian	2050	-
Full Waxing (Arms, legs & Underarms)	2550	2000
Body Waxing	3550	3500

(does not include Brazilian & Face waxing)

Luxury Make over Package.....5950

Choose any four services

Haircut, Chocolate Full Waxing, Head Massage, Face Bleach, Deluxe Facial (upto Rs. 3950), Hand Spa & Foot Spa, Henna Complimentary Eyebrows & Upper lip Threading.
Validity-One visit.

BRIDAL PACKAGES

PRICE (INR)

Pre Bridal Ritual.....17,000

Includes - Threading (Eyebrows, Upperlip), Waxing (Full Body chocolate), Bleach (Face, Neck & Blouse Line), Hand Spa, Foot Spa, L'Oreal hair treatment, Full body Exfoliation, D tan body Polishing, Brightening facial & Free expert consultation on Skin, hair & bridal makeup.

Grooms Package.....9000

Includes one sitting of the following - D tan bleach face and neck, Brightening facial, Foot Spa, Hand Spa, Body Polishing, Hair Cut and Styling and Free consultation on hair and skin.

MAKE UP

Bridal Make Up.....21,000

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

Engagement / Reception Make Up.....15000

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

Light Party Make Up.....5500

Includes light Make-Up with Hair-Do & Saree drap

ADD ON

Eye Make Up.....2500

Base.....2500

Saree / Dress Draping.....1000

MEMBERSHIPS

Roselle Membership.....20,000

Rs. 25000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people.

*Validity - Six months.

Hibiscus Membership.....55,000

Rs. 75000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people.

** Validity-One year.

Hibiscus Family Membership.....1,00,000

Rs. 1,50,000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 1,00,000/- worth of Spa Services). Can be availed by a maximum of four people.

** Validity-One year.



Cancellation Policy

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

Restriction on the use of facilities

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

**Holiday Inn Zirakpur, Raksha Business Centre,
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