



**SPA AND SALON SERVICE MENU** 

#### "Spa Hibiscus- Making a beautiful difference"

Hibiscus began its journey as a spa and wellness brand in 2008 as a flag bearer for affordable luxury in the Indian Spa and Salon industry. Within a decade, Hibiscus has become synonymous with integrity and innovative wellness approach in an ever-changing scenario. With several awards and accolades that affirm our commitment to the cause, we have grown and evolved over time.

Here we bring our sense of innovation and the concept of sustainable wellness, to provide a wide range of wellness services. Today, Hibiscus is a brand spanning across several locations in diverse formats like day spas, corporate hotels, wedding destinations, resorts, luxury residences and cruise ships in India. It is our vision to create and help create a world of wellness where each of us can live better and meaningful lives with reasonable and sustainable lifestyle changes.

Your well-being is at the heart of every thought and action that has gone into creating therapies and services at Hibiscus. Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or they are Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you, the power of choice- to choose as you deem necessary- whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

#### Services using completely natural products

We believe every human body has the power to heal itself naturally... Nature might not provide instant quick fix solutions, but its results are long lasting. We always test products for their short-term and long-term effects before we bring it to you. Our natural range is in line with this principle. You can choose to go natural when you are at Spa Hibiscus. The only thing you need is patience! We encourage you to live our belief and allow nature to work its magic on you.

#### Services using market leading products

We have carefully chosen and selected only the best market leading products. We have been very selective while choosing these brands, as we want to provide you the best. We have stayed away from giving you too many brands to choose from; we have done that homework on your part. More products create more confusion and are difficult to manage operationally by therapists. Since each product has a unique philosophy, mixing and matching doesn't work. Consequently, when we say that we bring you the best market leading products, we mean it!

We welcome 'You' to the World of true Wellness - Welcome to Hibiscus.

#### **Cancellation Policy**

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

#### Restriction on the use of facilities

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

#### Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

All Prices are in Indian rupees all are EXCLUSIVE of all applicable government taxes.

# HIBISCUS - SPA MASSAGES

Hibiscus Touch
30 Min.
Hibiscus Touch is a stress relieving massage for the head, neck and shoulders/full back/full legs which improves blood circulation and revives your energy. (This in not a full body massage and does not include steam or shower.)
Swedish Massage
1 Hr. (45 Min. massage, 15 Min. steam)
Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding
strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.
Balinese Massage
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)
Balinese massage is a full body, medium pressure, holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.
Deep Tissue/ Sports Massage
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)
Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons, and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.
Abhyangam
1 Hr. (45 Min. massage, 15 Min. steam)
Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.
Hibiscus Signature Massage
1 Hr. 45 Min. (45 Min. massage, 15 Min each Head & Face Massage, 15 Min Foot Reflexology & 15 Min. steam)
Hibiscus signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.
Foot Reflexology
(45 Min.)
Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulate the central nervous system and induce a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure; encourages

the body to work naturally and restore its own healthy balance.



## HIBISCUS - SPA RITUALS

#### **BODY SCRUBS AND WRAPS**

All our Scrubs and wraps are free of harsh chemicals like paraben, bleach and free from plastic beads and enriched with Vitamin E.

Rice Exfoliation	1350
(30 Min.)	

A gentle scrubbing process helps promote healthy skin with radiant complexion. This scrub enriched with brown rice and rose petal gently removes dead skin cells to make it smooth, soft and supple.

Orange Glow Scrub	1350
(30 Min.)	

Orange scrub with active Citrus, using gentle scrubbing strokes, promotes flawless skin for an even skin tone and glow. Orange peel powder scrub is known for its skin lightening properties and is traditionally used in Ayurveda for Indian brides.

Neem Healing	1350
(30 Min.)	

Help your skin heal with the benefits of time tested Neem. A hydrating wrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensitive or allergy prone skin.

Orange Glossy Healing	1350
(30 Min.)	

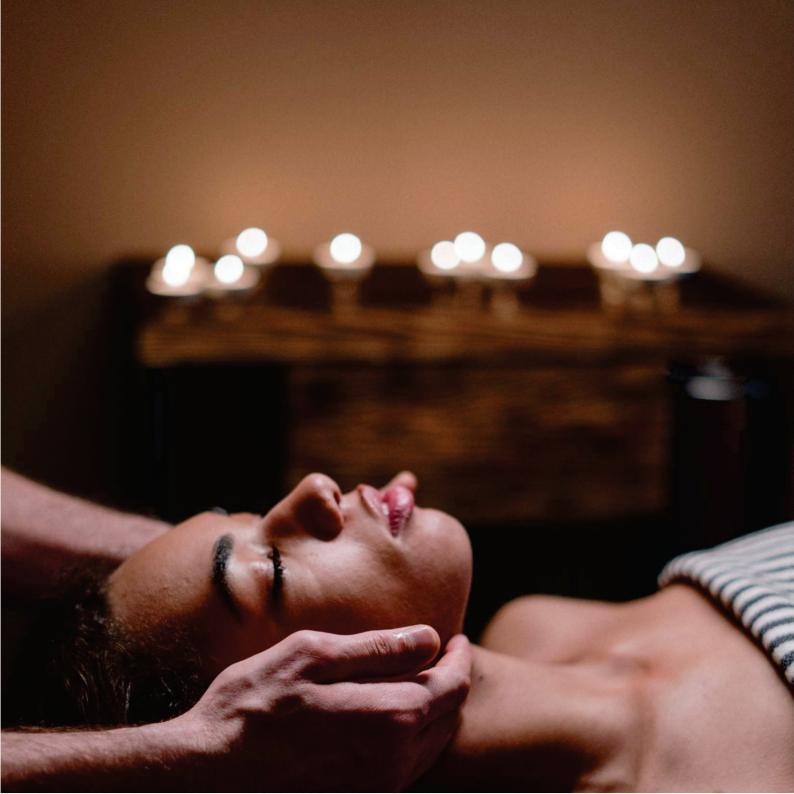
A nourishing wrap with the medicinal value of orange and natural clays formulated to smoothen and soft. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is beneficial for all kind of skin and specially for dry skin.

Chocolate Ecstasy	1550
(30 Min)	

Wrap yourself in the cocoon of luxurious Chocolate wrap and reap the benefits of clays and the caring cocoa. Step out with firmer, smooth skin along with excellent oil balance. Chocolate acts as a good moisturiser and soften the skin leaving a luminous glow. Excellent for dry skin.

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Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes full body exfoliation followed by a gentle massage, and finally a nourishing body wrap.



# **FACIALS**

## For Normal / Dull / Dehydrated skin

Deep Cleansing	2250
40 Min.	
Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities. The process include cleansing, followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.	exfoliation
Kumkumadi Facial	2450
1Hr.	
Gift yourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise bler hydrate the skin.	
Mukh Lavanya Facial	2450
1Hr.	
This facial is for sensitive and acne prone skin. It is based on the ancient Indian philosophy of using medicated Ayurvedic oils for healing and balancing the skin, and it makes for a magical and nourishing experience.	
Panchagavya Facial	2950
75 Min.	
Panchagavya is widely used in Ayurveda Medicines. It is a blend of five products including milk, curd, and ghee that have unique healing and aid in the complete detoxification and rejuvenation of the skin.	properties
For Pigmented/Tanned skin	
Whitening Facial	3250
1Hr.	
Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun dar pigmented skin.	naged and
For Matured skin / Fine lines	
Lifting Treatment	3250
1Hr.	
This specialized treatment uses lifting serums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the addition skin lightening.	al effect of
For Sensitive or Acne prone Skin	
Trouble Care Facial	3250
1 Hr.	
Trouble Care Facial improves complexion, reduces inflamation and boosts the skin's immunity and helps prevent future irritation. It kee	ps the skin

 $clean for longer duration. \ Recommended for shiny, oily, acne skin and specific problems. \ Balances sensitive skin and makes it healthier.$ 



# SALON RITUALS AND MEMBERSHIPS

HAIR CARE	Ladies	Gentlemen
Hair Wash / Conditioning	450	350
Blow Dry	950	350
Wash & Conditioning with Blow Dry	1250	750
Hair Cut	800	450
Hair Cut with Wash & Conditioning	1250	750
Henna	950	450
Shave	11-17	250
Baby Cut (Below 7 years)	450	
Hair Dressing/Styling	1500+	550+
HEAD MASSAGES		
Coconut Oil	950	750
Olive Oil	1050	900
Hibiscus Ayurvedic Oil	1150	1050
Shiro Abhyangam	1750	1750
HAIR COLOU RING/TEXTU RING		
Natural Henna based hair colour	1550	1250
Root Touch Up ( Majirel)	2250	2050
Root Touch Up (INOA)	2650	2250
Global Hair Coloring (Majirel)	7000+	
Global Hair Coloring (INOA)	9500+	-
HAIR SPA		6
	Ladies	Gentlemen
Kesh Abha. (55 Min.)	1950	1850
L'Oreal Hair Spa . (45 Min.)	2050	1750
A simple deep conditioning procedure dor & add lustre.		

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Cut, File and Polish hands/ feet	450	
Regular Pedicure	1500	
Foot Spa	2000	
Foot Reflexology	1550	
Regular Manicure	950	
Hand Spa	1450	
BLEACHING		
Bleach Face and Neck	700	700
Full arms / Half Legs	850	1000
Full legs	1050	1400

Ladies Gentlemen

550

1200

3500

400

850

2750

PEDICURE/MANICURE

Feet

Body

Full Back/ Front

SKIN CARE	Ladies	Gentlemen		
THREADING				
Eyebrows / Sides	150	200		
Upper lip / Forehead / Chin / Cheek	100	150		
Full Face	450	W) -		
WAXING				
Face	650	650		
Underarms	250	350		
Full arms / Half Legs	750	900		
Full legs	1050	1200		
Back/ Front (till blouse line)	800	900		
Brazilian	1550	-		
Full Waxing (Arms, legs & Underarms)	1550	1800		
Body Waxing	2550	3200		
(does not include Brazilian & Face waxing)				
WAXING (CHOCOLATE/OIL BAS	ED WAX)			
Face	900	1200		
Underarms	400	550		
Full arms / Half Legs	1050	1250		
Full legs	1550	2000		
Back / Front (till blouse line)	1050	1250		
Brazilian	2050	- () -		
Full Waxing (Arms, legs & Underarms)	2550	3200		
Body Waxing	3550	3850		
(does not include Brazilian & Face waxing)				

#### (+ Onwards)

Cost will vary with hair length and thickness. Please consult reception before the service to know your exact cost. Extra ampule/spa cream chargeable @ 250 per ampule/scoop

### **MEMBERSHIPS**

Roselle Membership*2000	0
Rs. 25000/- worth of services from the Salon/ Spa menu. Can	
he availed by a maximum of two people	

\*Validity - Six months.

### Hibiscus Membership\*\* ......55000

Rs. 75000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people.

<sup>\*\*</sup>Validity-One year.

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